

# PERSONAL AND WORK EVALUATION EXERCISE

## AREAS OF CONSIDERATION

The following lists are intended to help you identify what might be most relevant to you.

### **Personal Health**

Spiritual health  
Physical health  
Mental health  
Prayer/Spiritual disciplines  
Discipleship/Mentorship

### **Partners**

Team dynamics/relationships  
Business partnership

### **Finances**

Personal finances  
Business finances  
Giving

### **Family/Friends**

Marriage  
Parenting  
Homeschooling  
Family Dynamics  
Fellowship with other believers

### **Work**

Staff/training  
Marketing/Advertising  
Outreach  
Business processes  
Internal relationships  
Strategic transformation components

## INSTRUCTIONS

For each of the areas you choose to evaluate:

1. Complete a Current Reality Assessment
2. Chart the results on the Current Reality Wheel to visualize areas of strength and areas in need of growth
3. Choose 2-3 areas of consideration to focus on
4. Using a mind map, identify key themes/ideas that you would like to see in the future
5. Identify 1-3 SMART goals that would support your identified themes/ideas
6. Identify what support you may need and who can help

# CURRENT REALITY ASSESSMENT

## Personal Health

| QUESTIONS:                            | RATING SCALE:         |                       |                       |                       |                       |
|---------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|                                       | Never                 | Rarely                | Sometimes             | Often                 | Always                |
| I know what is expected of me         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am meeting expectations others have | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am meeting my own expectations      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I experience joy                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am rarely tempted/fall into sin     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have support/know where to get it   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel productive                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I experience success                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have accountability                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I experience unity in relationships   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Others would describe me as joyful    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel satisfied and content          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I do not feel a desire for more       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|                                       | 0                     | 1                     | 2                     | 3                     | 4                     |

Using the points listed,  
find your total score

|  |  |  |  |  |
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# CURRENT REALITY ASSESSMENT

## Family and Friends

| QUESTIONS:                            | RATING SCALE:         |                       |                       |                       |                       |
|---------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|                                       | Never                 | Rarely                | Sometimes             | Often                 | Always                |
| I know what is expected of me         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am meeting expectations others have | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am meeting my own expectations      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I experience joy                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am rarely tempted/fall into sin     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have support/know where to get it   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel productive                     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I experience success                  | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I have accountability                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I experience unity in relationships   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| I feel satisfied and content          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I do not feel a desire for more       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|                                       | 0                     | 1                     | 2                     | 3                     | 4                     |

Using the points listed,  
find your total score

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|----------------------|----------------------|----------------------|----------------------|----------------------|
| <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> | <input type="text"/> |
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# CURRENT REALITY ASSESSMENT

## Partners

| QUESTIONS:                            | RATING SCALE:         |                       |                       |                       |                       |
|---------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|                                       | Never                 | Rarely                | Sometimes             | Often                 | Always                |
| I know what is expected of me         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am meeting expectations others have | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am meeting my own expectations      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| I experience unity in relationships   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Others would describe me as joyful    | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I feel satisfied and content          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I do not feel a desire for more       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|                                       | 0                     | 1                     | 2                     | 3                     | 4                     |

Using the points listed,  
find your total score

|                      |                      |                      |                      |                      |
|----------------------|----------------------|----------------------|----------------------|----------------------|
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# CURRENT REALITY ASSESSMENT

## Work

| QUESTIONS:                            | RATING SCALE:         |                       |                       |                       |                       |
|---------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|                                       | Never                 | Rarely                | Sometimes             | Often                 | Always                |
| I know what is expected of me         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| I am meeting my own expectations      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I experience joy                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I am rarely tempted/fall into sin     | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| I do not feel a desire for more       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|                                       | 0                     | 1                     | 2                     | 3                     | 4                     |

Using the points listed,  
find your total score

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# CURRENT REALITY ASSESSMENT

## Finances

| QUESTIONS:                            | RATING SCALE:         |                       |                       |                       |                       |
|---------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
|                                       | Never                 | Rarely                | Sometimes             | Often                 | Always                |
| I know what is expected of me         | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| I have support/know where to get it   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| I have accountability                 | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I experience unity in relationships   | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
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| I feel satisfied and content          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| I do not feel a desire for more       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
|                                       | 0                     | 1                     | 2                     | 3                     | 4                     |

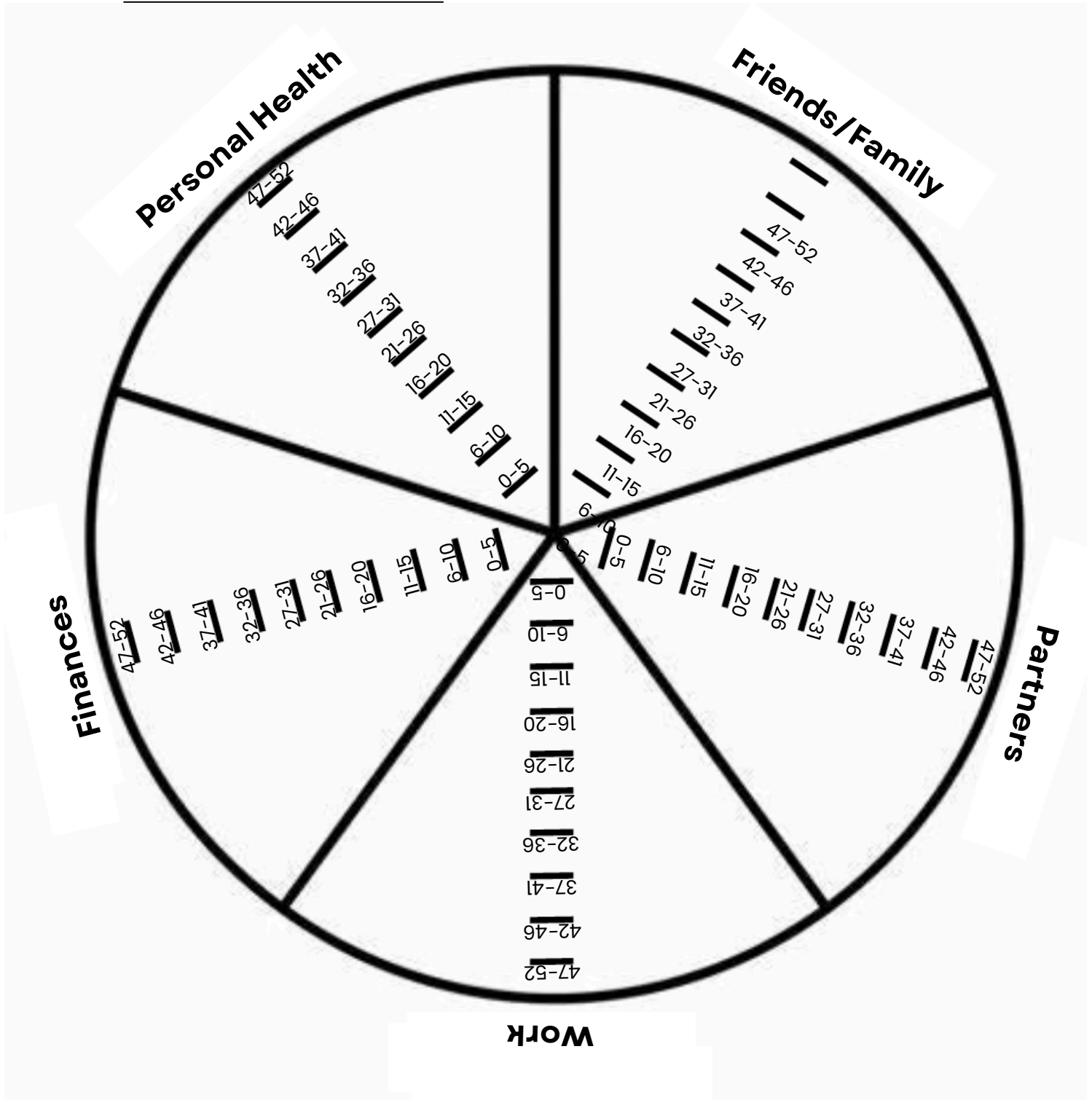
Using the points listed,  
find your total score

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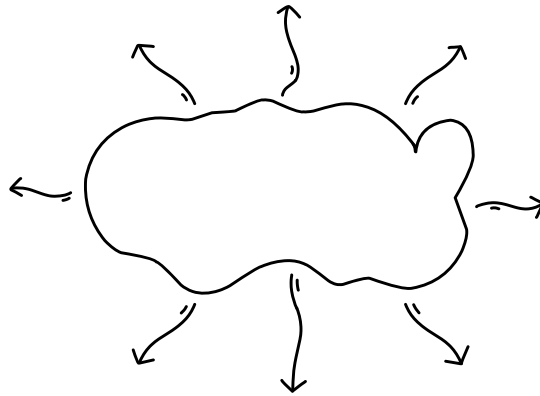
# CURRENT REALITY WHEEL

Date: \_\_\_\_\_

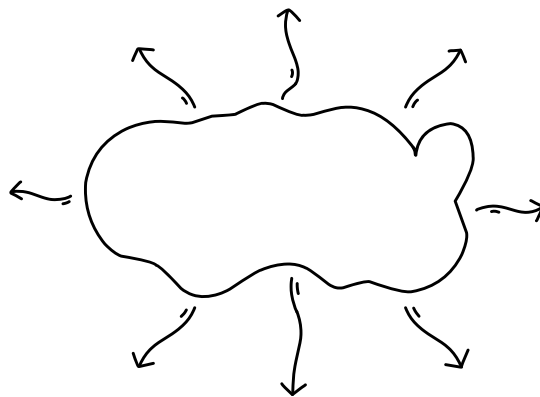


# AREAS OF FOCUS MIND MAPPING

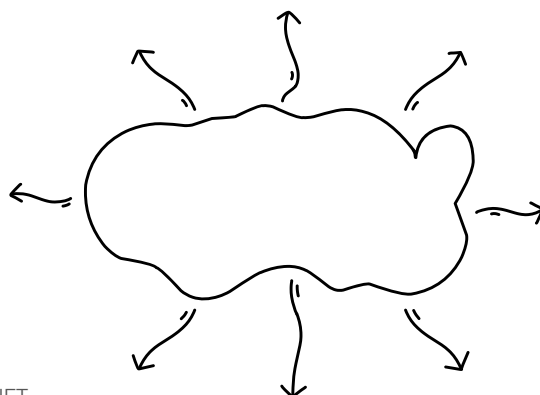
## AREA OF FOCUS #1



## AREA OF FOCUS #2



## AREA OF FOCUS #3





# AREAS OF FOCUS SMART GOALS

## AREA OF FOCUS #1

Specific - What will you do and why?

Measurable - How will you measure progress?

Achievable - How can this goal be accomplished?

Relevant - How is this goal in-line with long term objectives?

Time-bound - When will you work on this goal and when will it be accomplished?

## AREA OF FOCUS #2

Specific - What will you do and why?

Measurable - How will you measure progress?

Achievable - How can this goal be accomplished?

Relevant - How is this goal in-line with long term objectives?

Time-bound - When will you work on this goal and when will it be accomplished?

## AREA OF FOCUS #3

Specific - What will you do and why?

Measurable - How will you measure progress?

Achievable - How can this goal be accomplished?

Relevant - How is this goal in-line with long term objectives?

Time-bound - When will you work on this goal and when will it be accomplished?

# AREAS OF FOCUS SUPPORT AND HELP

## AREA OF FOCUS #1

What support do you need in order to move forward?

Who can you approach and ask for help?

## AREA OF FOCUS #2

What support do you need in order to move forward?

Who can you approach and ask for help?

## AREA OF FOCUS #3

What support do you need in order to move forward?

Who can you approach and ask for help?